



**8th Annual
Flapjack 5K/1 Mile & Pancake Breakfast
Registration**

Saturday, May 4, 2024

Walk/Run: 7:30 a.m.

Breakfast: 8-10 a.m.

St. Paul School ~ Macomb, Illinois

**Registrations must be received by Monday, April 22nd 2024 to be guaranteed a t-shirt.
Every registrant must submit a completed registration form.**

Registrant Information:

First Name _____

Last Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-Mail _____

Age _____ Date of Birth _____

Payment:

Amount Enclosed: \$ _____

Student Sponsorship: \$ _____

(Student Sponsored Name & Grade):

I am unable to attend but wish to donate:

\$ _____

T-Shirt Size (Indicate Quantity):

Adult: XS ___ S ___ M ___ L ___ XL ___ XXL ___

Child: S ___ M ___ L ___ XL ___

Skip the shirt! ___

Select type of registration:

___ Adults (13 & Up): \$30
(Includes meal & t-shirt)

___ Child (Ages 3 -12): \$20
(Includes meal & t-shirt)

___ Child (Ages 2 & Under): Free

Select Route (Participants can walk or run):

___ 5K ___ 1 mile

Send form & check (Made out to St. Paul School) to:
St. Paul School, 322 W. Washington, Macomb, Illinois
61455



Scan to register online.

Release and waiver of liability: I, the undersigned, understand that there are certain dangers, hazards, and risks inherent to this activity, which also could include serious or even mortal injuries and property damage, and that Saint Paul School does not assume responsibility for any such personal injuries or property damage. In consideration of the opportunity to participate, I agree to assume all risks, and responsibilities that surround participation in the activity. I further state that I have sufficiently trained for and am in proper physical condition to participate in this event. My signature below represents my acknowledgement of the risks and voluntary agreement to these terms. I will not bring pets to the event.

Signature (Adult or guardian if participant is under 18)

Date